

LONGEVITY SWITZERLAND

---

*Recognized as a Longevity Spot by Longevity Switzerland  
— a circle of places that nourish longer, fuller lives.*

# CrossFit North Scottsdale

FEATURED ON LONGEVITY SWITZERLAND



*Movement & Fitness · March 2026*

*Maurice Lichtenberg*

---

CO-FOUNDER



verify

*Laura Pezza*

---

CO-FOUNDER