

LONGEVITY SWITZERLAND

---

*Recognized as a Longevity Spot by Longevity Switzerland  
— part of a circle of places where living well comes  
naturally.*

# Grugapark-Therme

FEATURED ON LONGEVITY SWITZERLAND



*Hotel & Wellness · March 2026*

*Maurice Lichtenberg*

---

CO-FOUNDER



verify

*Laura Pezza*

---

CO-FOUNDER