

LONGEVITY SWITZERLAND

---

*Recognized as a Longevity Spot by Longevity Switzerland  
— part of a circle of places where living well comes  
naturally.*

# HealthFirst Lab Dar es Salaam

FEATURED ON LONGEVITY SWITZERLAND



*Labs & Testing · March 2026*

*Maurice Lichtenberg*

---

CO-FOUNDER



verify

*Laura Pezza*

---

CO-FOUNDER