

LONGEVITY SWITZERLAND

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*Recognized as a Longevity Spot by Longevity Switzerland  
— a circle of places that nourish longer, fuller lives.*

# Toronto Sauna & U rban Spa

FEATURED ON LONGEVITY SWITZERLAND



*Hotel & Wellness · March 2026*

*Maurice Lichtenberg*

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CO-FOUNDER



*verify*

*Laura Pezza*

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CO-FOUNDER